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Mr. Dummy	1103	
Age / Sex: 28 YRS / MReferred by: Dr. Sachin Patil (MBBS)Reg. no.: 1103	Registered on : 19/11/2024 06:28 PM   Collected on : 19/11/2024   Received on : 19/11/2024   Reported on : 19/11/2024 06:28 PM	

SEROLOGY & IMMUNOLOGY				
TEST	VALUE	UNIT	REFERENCE	
RUBELLA				
IGG	4	U/mL	< 8.00	
IGM	6	U/mL	< 8.00	

### **Physiologic Basis**

Rubella (German measles) is a viral infection that causes fever, malaise, coryza, lymphadenopathy, fine maculopapular rash, and congenital birth defects when infection occurs in utero. Antibodies to rubella can be detected by hemagglutination inhibition, complement fixation, indirect hemagglutination, enzyme-linked immunosorbent assay (ELISA), or latex agglutination. Tests can detect IgG and IgM antibodies. Titers usually appear as rash fades(1 week) and peak at 10–14 days for hemagglutination inhibition and 2–3 weeks for other techniques. Baseline titers may remain elevated for life. Serologic tests are used to determine the immune status of the individual, to diagnose postnatal rubella, and occasionally to support the diagnosis of rubella. IgM antibody disappears within 4–5 weeks; IgG antibody remains for life.

### Interpretation

Increased in: Recent rubella infection, congenital rubella infection, previous rubella infection, or vaccination (immunity). Spuriously increased IgM antibody occurs in the presence of rheumatoid factor or cross - reacting antibodies to other viral infections or autoimmune illnesses.

## Comments

Rubella titers of  $\leq$ 1:8 indicate susceptibility and need for immunization to prevent infection during pregnancy. Titers of > 1:32 indicate immunity from prior infection or vaccination. Demonstration of a 4-fold rise in titer between acute and convalescent sera may be indicative of a recent infection. Single titers, even > 1:256, cannot be interpreted as evidence of recent infection, since they are more likely to indicate immune status. The recent resurgence of congenital rubella can largely be prevented with improved rubella testing and vaccination programs.

~~~ End of report ~~~

Mr. Sachin Sharma DMLT, Lab Incharge



Dr. A. K. Asthana MBBS, MD Pathologist

## NOT VALID FOR MEDICO LEGAL PURPOSE

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Work timings: Monday to Sunday, 8 am to 8 pm

Please correlate clinically. Although the test results are checked thoroughly, in case of any unexpected test results which could be due to machine error or typing error or any other reason please contact the lab immediately for a free evaluation.