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## Mr. Saubhik Bhaumik

Reg. no.	: 1044
Referred by	: Dr. Sachin Patil (MBBS)
Age / Sex	: 27 YRS / M

# Image: Scan to download Registered on : 08/11/2024 12:45 PM Collected on : 08/11/2024 Received on : 08/11/2024 Reported on : 08/11/2024

### BIOCHEMISTRY

TEST	VALUE	UNIT	REFERENCE
TRIGLYCERIDES	170	mg/dl	25 - 200

#### **Physiological basis**

Dietary fat is hydrolyzed in the small intestine, absorbed and resynthesized by mucosal cells, and secreted into lacteals as chylomicrons.

Triglycerides in the chylomicrons are cleared from the blood by tissue lipoprotein lipase. Endogenous triglyceride production occurs in the liver. These triglycerides are transported in association with  $\beta$ -lipoproteins in very low-density lipoproteins (VLDL).

#### Interpretation

**Increased in**: Hypothyroidism, diabetes mellitus, nephrotic syndrome, chronic alcoholism (fatty liver), biliary tract obstruction, stress, familial lipoprotein lipase deficiency, familial dysbetalipoproteinemia, familial combined hyperlipidemia, obesity, metabolic syndrome, viral hepatitis, cirrhosis, pancreatitis, chronic renal failure, gout, pregnancy, glycogen storage diseases types I, III, and VI, anorexia nervosa, dietary excess.

Drugs: β-blockers, cholestyramine, corticosteroids, diazepam, diuretics, estrogens, oral contraceptives.

**Decreased in**: Tangier disease ( $\alpha$ -lipoprotein deficiency), hypo- and abetalipoproteinemia, malnutrition, malabsorption, parenchymal liver disease, hyperthyroidism, intestinal lymphangiectasia.

Drugs: ascorbic acid, clofibrate, nicotinic acid, gemfibrozil.

#### Comments

If the serum is clear, the serum triglyceride level is generally <350 mg/dL.

Elevated triglycerides are now considered an independent risk factor for coronary artery disease and a major risk factor for acute pancreatitis, particularly when serum triglyceride levels are > 1000 mg/dL and can be seen when a primary lipid disorder that is exacerbated by alcohol or fat intake or by corticosteroid or estrogen therapy.

~~~ End of report ~~~

Mr. Sachin Sharma DMLT, Lab Incharge

Dr. A. K. Asthana MBBS, MD Pathologist

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Work timings: Monday to Sunday, 8 am to 8 pm

Please correlate clinically. Although the test results are checked thoroughly, in case of any unexpected test results which could be due to machine error or typing error or any other reason please contact the lab immediately for a free evaluation.